

Glenwood High School Cross Country
Top Runners - 2010

To finish in the Top 3 as a Team in the Conference
will take 66 Points

Number One Runner	- 4 th
Number Two Runner	- 8 th
Number Three Runner	- 13 th
Number Four Runner	- 17 th
Number Five Runner	- 24 th
Number Sixth Runner	- 28 th
Number Seventh Runner	- 30 th

Regionals To be in the Top 10 runners will take
16:30 Minutes

To make it to State as a Team will take 81 Points

Number One Runner	- 4 th
Number Two Runner	- 9 th
Number Three Runner	- 16 th
Number Four Runner	- 25 th
Number Five Runner	- 27 th
Number Sixth Runner	- 35 th
Number Seventh Runner	- 40 th