

GLENWOOD RELAYS CLASS B TRACK AND FIELD RECORDS

EVENT	RECORD HOLDER	TIME-DISTANCE HEIGHT	SCHOOL	YEAR
SHOT PUT	KAREN HOTZE	37' 7 1/2"	CAR.MAS.	1974
DISCUS	CARLA CAIN	116' 4 1/2"	LENOX	1974
LONG JUMP	JESSIE PONTOW	16' 10"	MALVERN	1994
HIGH JUMP	ALLISON LUCY	5' 3"	TREYNOR	1992
3000 M RUN	CARLY OLSEN	10:46.87	LOMA	2006
4 X 800 RELAY		10:20.8	S. ALBERT	2002
SHUTTLE HURDLE RELAY		1:05.46	RIVERSIDE	2006
DISTANCE MEDLEY RELAY		4:26.4	MANILLA	1971
100 M DASH	ALEX GOCHENOUR	12.39	LOMA	2010
400 M DASH	ALEX GOCHENOUR	57.9	LOMA	2010
4 X 200 RELAY		1:51.6	LOMA	2007
100 M HURDLES	LAUREN ANDERSON	14.78	RIVERSIDE	2006
800 M DASH	EVE JOHNSON	2:27.35	S. ALBERT	2002
200 M DASH	BETH HAMLING	26.54	S. ALBERT	2007
400 M HURDLES	LAUREN MOORE	1:07.5	LOMA	2010
SPRINT MEDLEY RELAY		1:54.85	S. ALBERT	2002
1500 M RUN	SUE YOUNGBERG	5:04.2	ESSEX	1982
4 X 100 RELAY		51.5	RIVERSIDE	2006
4 X 400 RELAY		4:16.6	GRISWOLD	2010