

GLENWOOD GIRL'S TRACK STATE MEET QUALIFIERS

STATE MEET QUALIFIERS	YEAR	EVENT	TIME--DISTANCE	PLACE
KIM SMITH	1984	SHOT PUT	39' 11 3/4"	2ND
BRENDA KONFRST	1984	SHOT PUT	39' 11 1/2"	3RD
KIM BENTLEY ANN CONNOR KIM SMITH KELLI WALLACE	1984	4 X 200 RELAY	1:51.30	
ROBIN SKINNER KIM BENTLEY KIM SMITH KELLI WALLACE	1984	4 X 100 RELAY	52.17	5TH
BRENDA KONFRST	1985	SHOT PUT	40' 10 1/4"	2ND
BRENDA KONFRST	1985	DISCUS	103' 5"	
JENNY MIKESELL	1985	100 METER HURDLES	16.07	
BRENDA KONFRST	1986	SHOT PUT	43' 11"	2ND
BRENDA KONFRST	1986	DISCUS	130'	1ST
DeETIE HARRINGTON	1986	800 METERS	2:25.30	
TAMMY MEYERS KARLA GILESPIE DeETIE HARRINGTON JENNY O'GRADY	1987	DISTANCE MEDLEY RELAY	4:29.80	
BECKY OSTERHOLM	1987	400 METERS	1:04.47	
TAMMY MEYERS KARLA GILLESPIE KIM SLAUGHTER STACY SCARLETT	1987	4 X 200 RELAY	1:54.29	
DeETIE HARRINGTON	1987	800 METERS	2:33.46	
TAMMY MEYERS STACY SCARLETT BETH CHEYNEY BECKY OSTERHOLM	1988	4 X 100 RELAY	52.70	
KIM SLAUGHTER BETH CHEYNEY SUZANNE JANKIEWICZ JENNY O'GRADY	1989	DISTANCE MEDLEY RELAY	4:28.67	

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ALLISON ALDRICH	1991	400 METERS	1:01.6	
CHRISSY WRAY	1992	SHOT PUT	36' 2 1/2"	
CHRISSY WRAY	1992	DISCUS	103' 11"	
ALLISON ALDRICH	1992	400 METERS	1:01.93	
CHRISSY WRAY BREE RUBEL KRISTEN ADAMS ALLISON ALDRICH	1992	SPRINT MEDLEY RELAY	1:59.31	
CHRISSY WRAY	1993	SHOT PUT	39' 3 1/4"	4TH
CHRISSY WRAY	1993	DISCUS	117' 2"	5TH
ALLISON ALDRICH	1993	400 METERS	1:02.31	
CHRISSY WRAY	1994	SHOT PUT	40' 8 1/2"	3RD
CHRISSY WRAY	1994	DISCUS	107' 6"	
DESI MELGOZA	1996	100 METER HURDLES	16.13	
NICOLE BRUCE	1997	100 METERS 200 METERS	13.96 27.7	
LESLIE SCHMAILZL	1998	DISCUS	105' 1"	
KRISTI ZILLMER	1999	LONG JUMP	14' 10 3/4"	
LESLIE SCHMAILZL	1999	DISCUS	103' 3"	
LESLIE SCHMAILZL	2000	DISCUS	118' 9"	
SARAH NORD	2000	100 METERS 200 METERS	13:01 27:37	
LYNETTE WOODROW	2000	400 METERS	1:01.35	
KRISTINA LUDWIG KATIE DENHAM SARAH NORD LYNETTE WOODROW	2000	SPRINT MEDLEY RELAY	1:54.62	
SARAH JENS	2001	HIGH JUMP	5' 0"	
SARAH NORD	2001	100 METERS	13.23	
MUNICA ARMSTRONG	2001	200 METERS	26.97	

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MUNICA ARMSTRONG LYNETTE WOODROW SARAH JENS SARAH NORD	2001	4 X 200 METER RELAY	1:47.25	
SARAH JENS SARAH NORD MUNICA ARMSTRONG LYNETTE WOODROW	2001	SPRINT MEDLEY	1:52.86	3RD
KATIE WILSON	2002	SHOT PUT	35' 1"	
KATIE WILSON	2002	DISCUS	115' 8"	
BRENDA PAVELKA	2002	3000 M RUN	11:35.18	
CORTNEY SONDAG	2002	200 M DASH	27.21	
CORTNEY SONDAG SARAH JENS MUNICA ARMSTRONG LYNETTE WOODROW	2002	4 X 200 METER RELAY	1:49.42	
SARAH JENS KRISTINA LUDWIG MUNICA ARMSTRONG LYNETTE WOODROW	2002	SPRINT MEDLEY RELAY	1:55.52	
MUNICA ARMSTRONG SARAH JENS CORTNEY SONDAG LYNETTE WOODROW	2002	4 X 400 METER RELAY	4:16.58	
KATIE WILSON	2003	SHOT PUT	39' 11"	4TH
KATIE WILSON	2003	DISCUS	127'	3RD
SARAH JENS	2003	HIGH JUMP	5' 2"	
KRISTINA JENS CORTNEY SONDAG WHITNEY LINCOLN AMBER SONDAG	2003	4 X 800 RELAY	10:06.03	
SARAH JENS JENNY DASHNER CORTNEY SONDAG KRISTINA JENS	2003	DISTANCE MEDLEY RELAY	4:20.7	
KRISTINA JENS AMBER SONDAG SARAH JENS CORTNEY SONDAG	2003	4 X 400 RELAY	4:13.77	

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KATIE WILSON	2004	SHOT PUT	40' 6 1/2"	3RD
KATIE WILSON	2004	DISCUS	121' 11"	5TH
PAIGE HAYS JENNY DASHNER CORTNEY SONDAG KRISTINA JENS	2004	DISTANCE MEDLEY RELAY	4:21.72	
PAIGE HAYS JENNY DASHNER KRISTINA JENS CORTNEY SONDAG	2004	SPRINT MEDLEY RELAY	2:03.84	
BAILEY MINGO ANNA YOUNG JESSELYN GRIMSHAW ASHLEY ARMSTRONG	2005	SHUTTLE HURDLE RELAY	1:08.42	
JORDAN WILLIAMS	2005	3000 M RUN	11:53.56	
PAIGE HAYS JESSELYN GRIMSHAW SHELBY SHADDEN CORTNEY SONDAG	2005	4 X 200 RELAY	1:53.15	
ASHLEY ARMSTRONG	2005	100 M HURDLES	16.03	
CLARIE BRISTOW	2006	HIGH JUMP	5' 2"	5TH
SHELBY SHADDEN	2006	DISCUS	108' 2"	8TH
ALISA WINQUIST	2007	SHOT PUT	32' 1 3/4"	
KATIE STAIERT ABBIE OBERMILLER RACHEL STANLEY JENNA TURCOTTE	2007	4 X 800 RELAY	10:07.97	
KATIE SQUIER JESSELYN GRIMSHAW KASSIE FINN BAILEY MINGO	2007	SHUTTLE HURDLE RELAY	1:10.11	
KATIE SQUIER PAIGE HAYS JESSELYN GRIMSHAW SOPHIE RINGSDORF	2007	SPRINT MEDLEY RELAY	1:55.93	
KATIE STAIERT JENNA TURCOTTE RACHEL STANLEY SOPHIE RINGSDORF	2007	4 X 400 RELAY	4:15.40	

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CLAIRE BRISTOW	2008	HIGH JUMP	5' 3"	7TH
KATIE STAIERT SOPHIE RINGSDORF KATIE LARSEN JENNA TURCOTTE	2008	4 X 800 RELAY	10:15.63	
LYDIA BIENLIEN	2008	200 M DASH	27.57	
LYDIA BIENLIEN	2008	400 M DASH	1:01.57	
LYDIA BIENLIEN	2008	LONG JUMP	15' 4 1/4"	
JENNA TURCOTTE KATIE STAIERT LYDIA BIENLIEN SOPHIE RINGSDORF	2008	4 X 400 RELAY	4:10.41	
JENNA TURCOTTE	2008	800 METER RUN	2:28.77	
KATIE STAIERT BROOKE PECKHAM KATIE LARSEN JENNA TURCOTTE	2009	4 X 800 RELAY	10:25.52	
MERCEDES LIPAROTO EMILY ROBINSON KASSIE FINN ABBY BROWN	2009	SHUTTLE HURDLE RELAY	1:11.16	
LYDIA BIENLIEN	2009	400 M DASH	1:01.54	
CIARA CLEMENT SHELBY BREWSTER SOPHIE RINGSDORF JENNA TURCOTTE	2009	DISTANCE MEDLEY RELAY	4:25.54	
LEXI FISHER	2009	400 M HURDLES	1:10.62	
CIARA CLEMENT SOPHIE RINGSDORF SHANIECE NOTT LYDIA BIENLIEN	2009	4 X 100 RELAY	51.61	
LYDIA BIENLIEN JENNA TURCOTTE KATIE STAIERT SOPHIE RINGSDORF	2009	4 X 400 RELAY	4:12.14	
CIARA CLEMENT SHANIECE NOTT SHELBY BREWSTER LYDIA BIENLEIN	2009	SPRINT MEDLAY RELAY	2:04.75	
JENNA TURCOTTE	2009	800 METER RUN	2:31.19	

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MEGAN MCKERN ASHLEY GRAVE EMILY BLUM KATIE LARSEN	2010	4 X 800 RELAY	10:33.87	
LEXI FISHER	2010	400 M HURDLES	1:09.8	
SHANIECE NOTT	2010	100 M DASH	13.06	8TH
ABBY BROWN DEVIN JACKSON KASSIE FINN MERCEDES LIPAROTO	2010	SHUTTLE HURDLE RELAY	1:07.65	4TH