

Track and Field Information

1. State Pentathlon - Open to the Track and Field Athletes
 - I have taken some athletes in the past.
 - I would like to do the meet again.

100 M Hurdles

Shot Put

Long Jump

High Jump

800 M Run

2. Senior All-Star Spotlight Track and Field Meet

Iowa Athletes - Illinois Athletes - Wisconsin Athletes

There is an application process. The Senior Girls need to let me know if they are interested in the meet.